## Unidad 5-4



HEAD
HEALTH
HEALTHY
TO TAKE CARE OF

## Solution

$$
\begin{aligned}
& \text { D Z Z Z T Z O Z V L Z G B Y R C H W Q T } \\
& \text { C C T N M J R Q B W T X U F Q D J J H X } \\
& \text { Q N R A S M R A B HEWIM F UNRM J } \\
& \text { L F E U G B F M D I J D W T P V O E W H } \\
& \text { Q RXRBCGSDIZRTIWUXSKG } \\
& \text { GAIGZLVFZMUCWHYCWRNZ } \\
& K V Z D L H K B Y T M C T D D C D A E D \\
& \text { X AFMTRIMROD I YZCSVTJE }
\end{aligned}
$$

$$
\begin{aligned}
& \text { HEVURMEHUKRTXEPDHOOJ } \\
& \text { C N AL JH L J FEHMEKUYYCQN } \\
& \text { Y M H B ER BX LEXCKMRLS AJM } \\
& \text { T P S ATQAODUZEW YPC JYNG } \\
& \text { Y Q K I A X D F F Q HC F K P RVWVM } \\
& \text { F Y W H DK UK X S A D C Z L W ALNS } \\
& P W P \text { J U QLAFB QVVBNPNNIG } \\
& \text { BT FMLJAGEOTOYIQHTJOT } \\
& \text { D K L W A N S Z S ULMVELU I BEL } \\
& \text { Q R CK S B AMDGIS FBPPXPIM } \\
& Z G M A L I M E N T O S T B O J Z R Q C
\end{aligned}
$$

