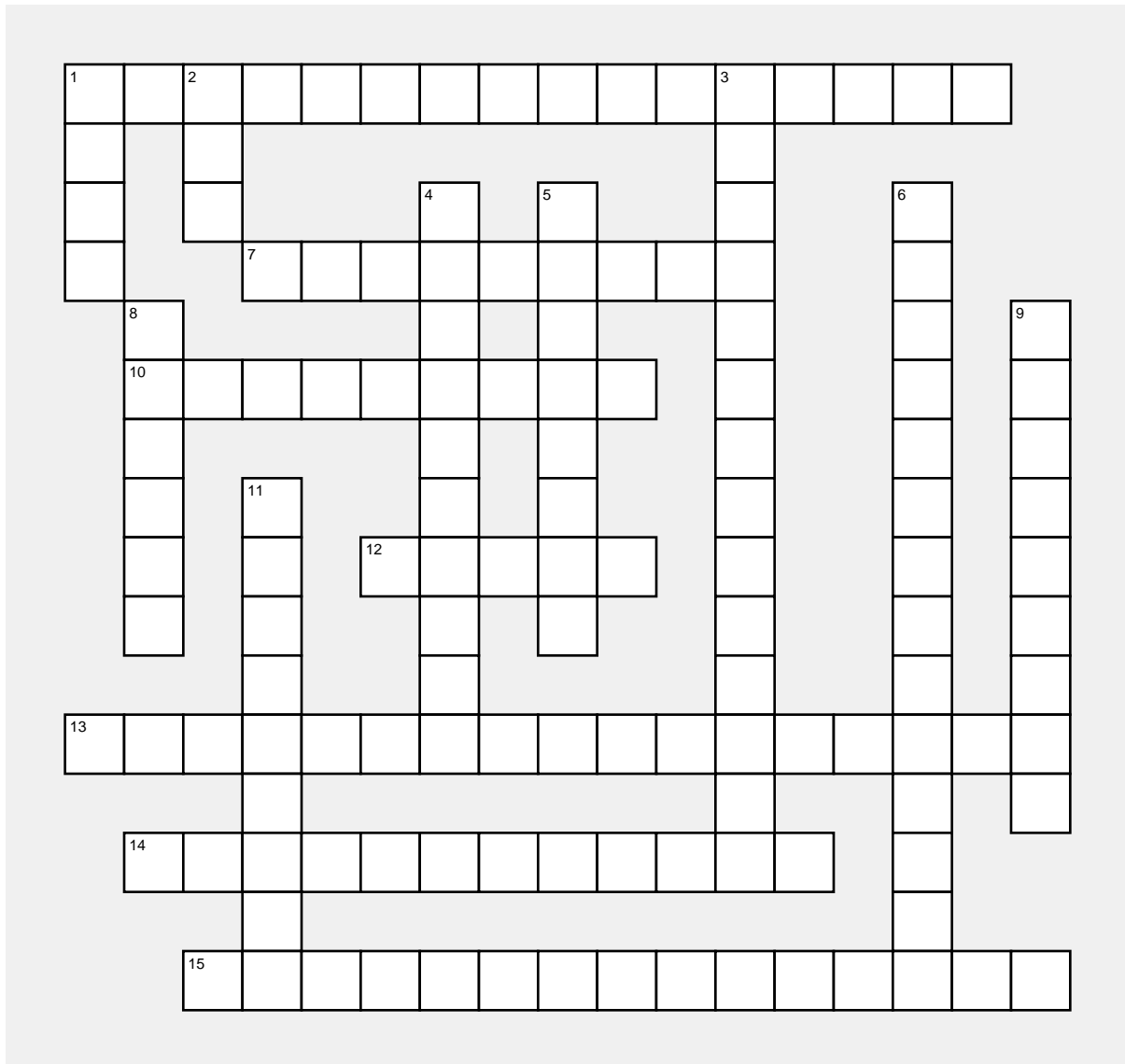


Realidades 3 (Chapter 3)



Horizontal

- 1) TO BE IN A GOOD MOOD
- 7) TO RELAX
- 10) TO ADVISE
- 12) THE FIBER
- 13) THE EATING HABIT
- 14) TO CONCENTRATE
- 15) THE CENTIGRADE DEGREE

Vertical

- 1) THE AGE
- 2) THE COUGH
- 3) TO DO PUSH-UPS
- 4) TO USE A TREADMILL
- 5) THE CRAMP
- 6) TO USE A STATIONARY BIKE
- 8) THE WAY
- 9) THE FOOD
- 11) TO FLEX/TO STRETCH

SOLUTION

E	S	T	A	R	D	E	B	U	E	N	H	U	M	O	R	
D		O									A					
A		S			H		C				C		H			
D			R	E	L	A	J	A	R	S	E		A			
	M				C		L				R		C	A		
	A	C	O	N	S	E	J	A	R		F		E	L		
	N				R		M				L		R	I		
	E		F		C		B				E		B	M		
	R		L		F	I	B	R	A		X		I	E		
	A		E		N		E				I		C	N		
			X		T						O		I	T		
H	Á	B	I	T	O	A	L	I	M	E	N	T	I	C	I	O
			O								E		L	S		
		C	O	N	C	E	N	T	R	A	R	S	E			
			A											T		
		G	R	A	D	O	C	E	N	T	Í	G	R	A	D	O