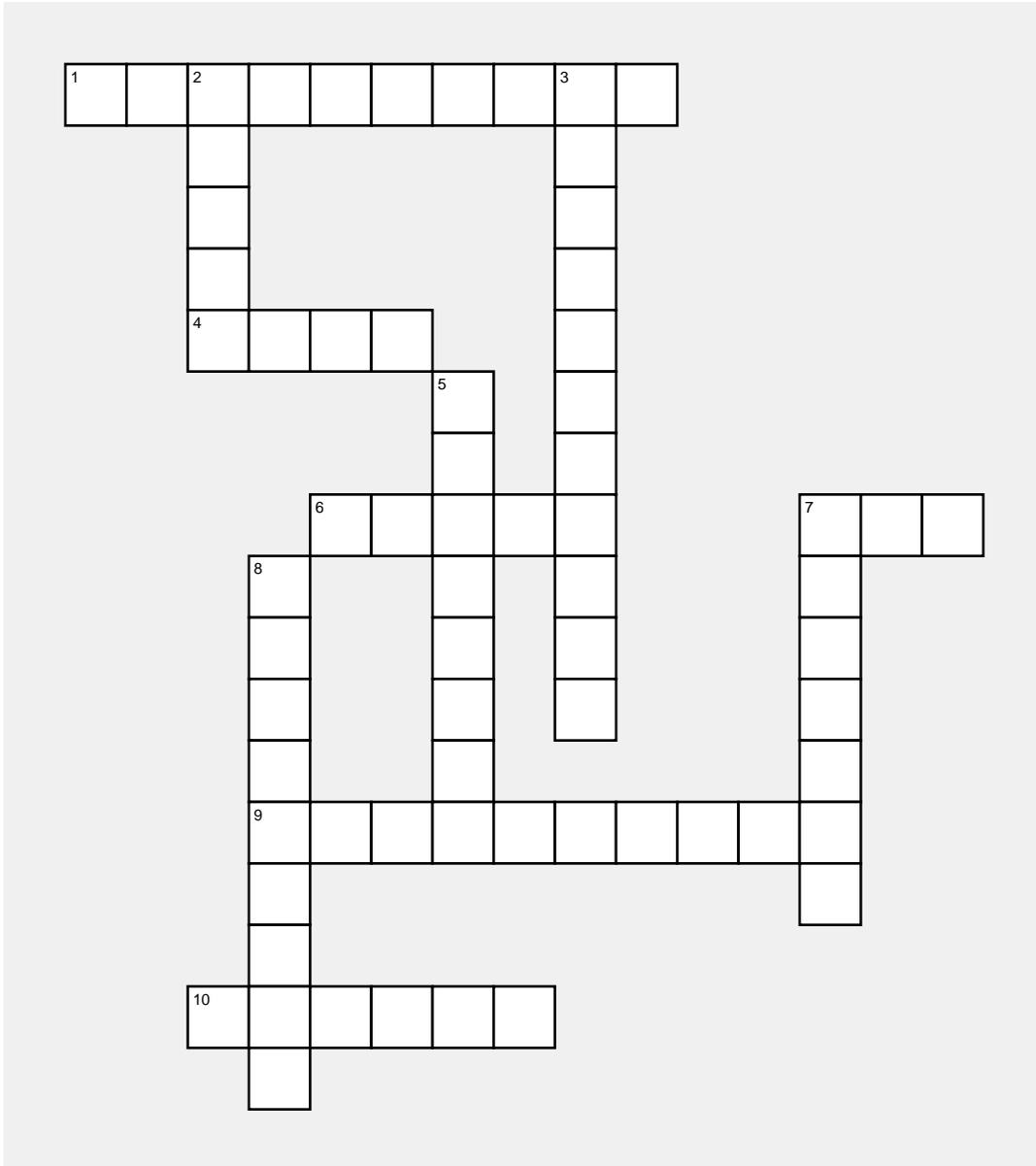


# Body: Hands & Feet



## Horizontal

- 1) THE HEEL
- 4) THE HAND
- 6) THE SOLE
- 7) THE FOOT
- 9) THE ANKLE
- 10) THE WRIST

## Vertical

- 2) THE TOENAIL
- 3) THE PALM
- 5) THE THUMB
- 7) THE FINGERS
- 8) THE TOE

