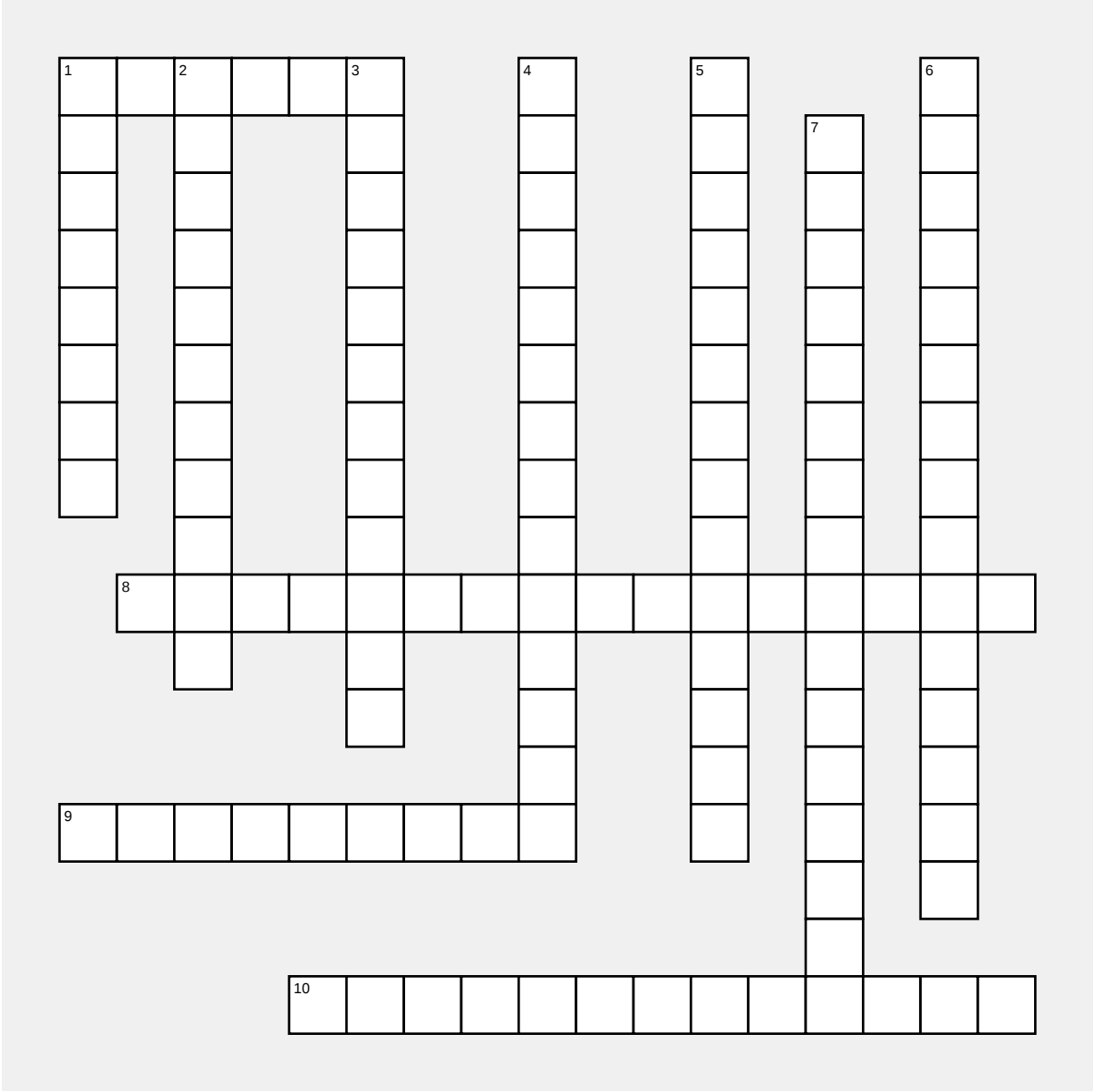


El bienestar



Horizontal

- 1) STRONG
- 8) TO DO ABS
- 9) THE MUSCLE
- 10) MENTAL HEALTH

Vertical

- 1) FLEXIBLE
- 2) THE WELL-BEING
- 3) CHOLESTEROL
- 4) CARBOHYDRATE
- 5) TO DO PUSH-UPS
- 6) TO REDUCE STRESS
- 7) TO REDUCE TENSION

SOLUTION

[illegible]