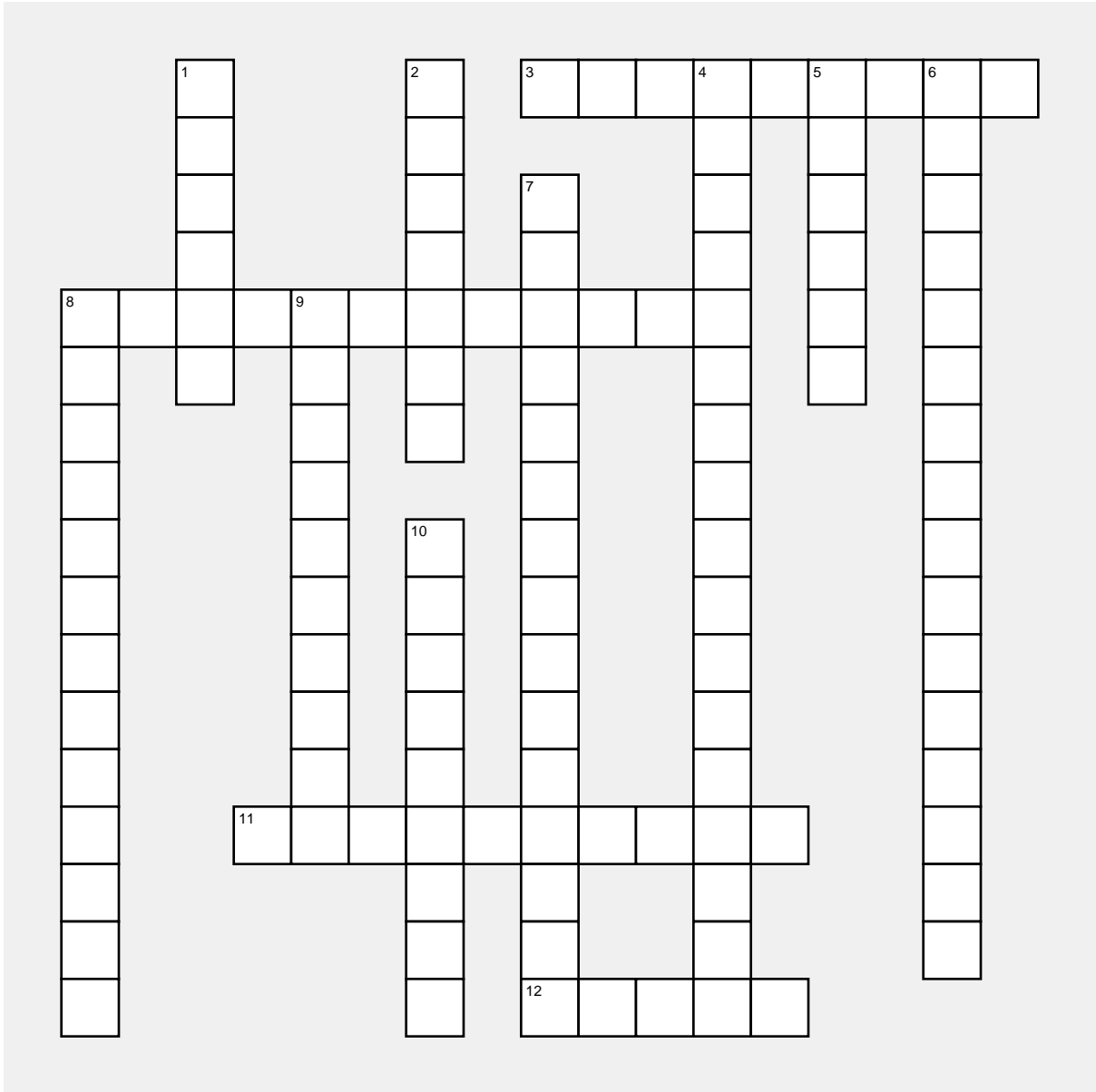


# Senderos 3: Lección 3



## Horizontal

- 3) TO LOSE WEIGHT
- 8) COUCH POTATO
- 11) TO WARM UP
- 12) TO SWEAT

## Vertical

- 1) STRONG
- 2) FAT
- 4) TO LEAD A HEALTHY LIFESTYLE
- 5) ACTIVE
- 6) TO REDUCE TENSION
- 7) TO REDUCE STRESS
- 8) TRAINER
- 9) AFTERNOON SNACK
- 10) CAFFEINE

# SOLUTION

