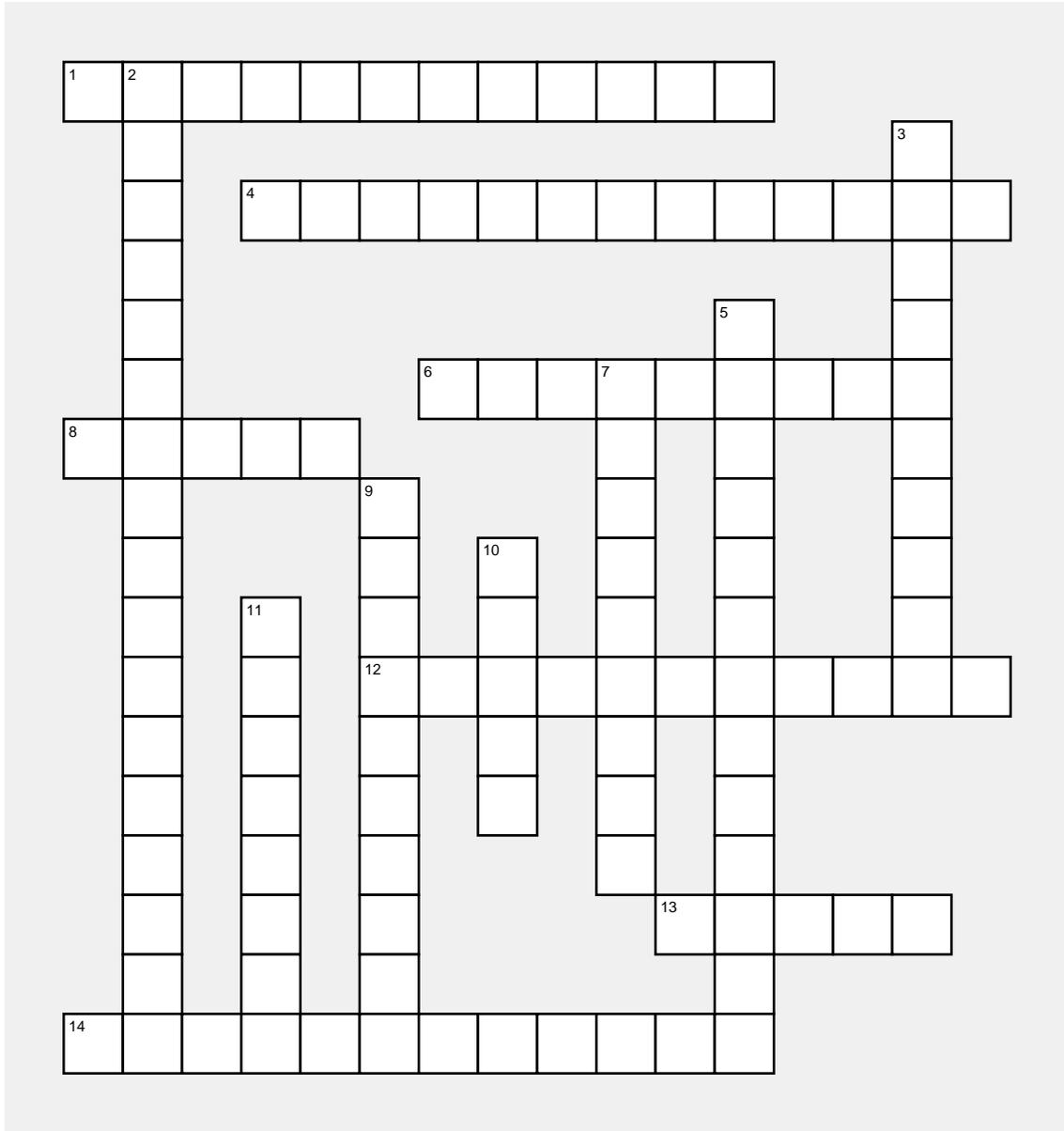


# Senderos 3: Lección 3



## Horizontal

- 1) CHOLESTEROL
- 4) TO LIFT WEIGHTS
- 6) TO LOSE WEIGHT
- 8) TO SWEAT
- 12) WELL-BEING
- 13) TO EAT
- 14) COUCH POTATO

## Vertical

- 2) TO LEAD A HEALTHY LIFESTYLE
- 3) AFTERNOON SNACK
- 5) TRAINER
- 7) CAFFEINE
- 9) TO WARM UP
- 10) WEAK
- 11) MASSAGE

# SOLUTION

