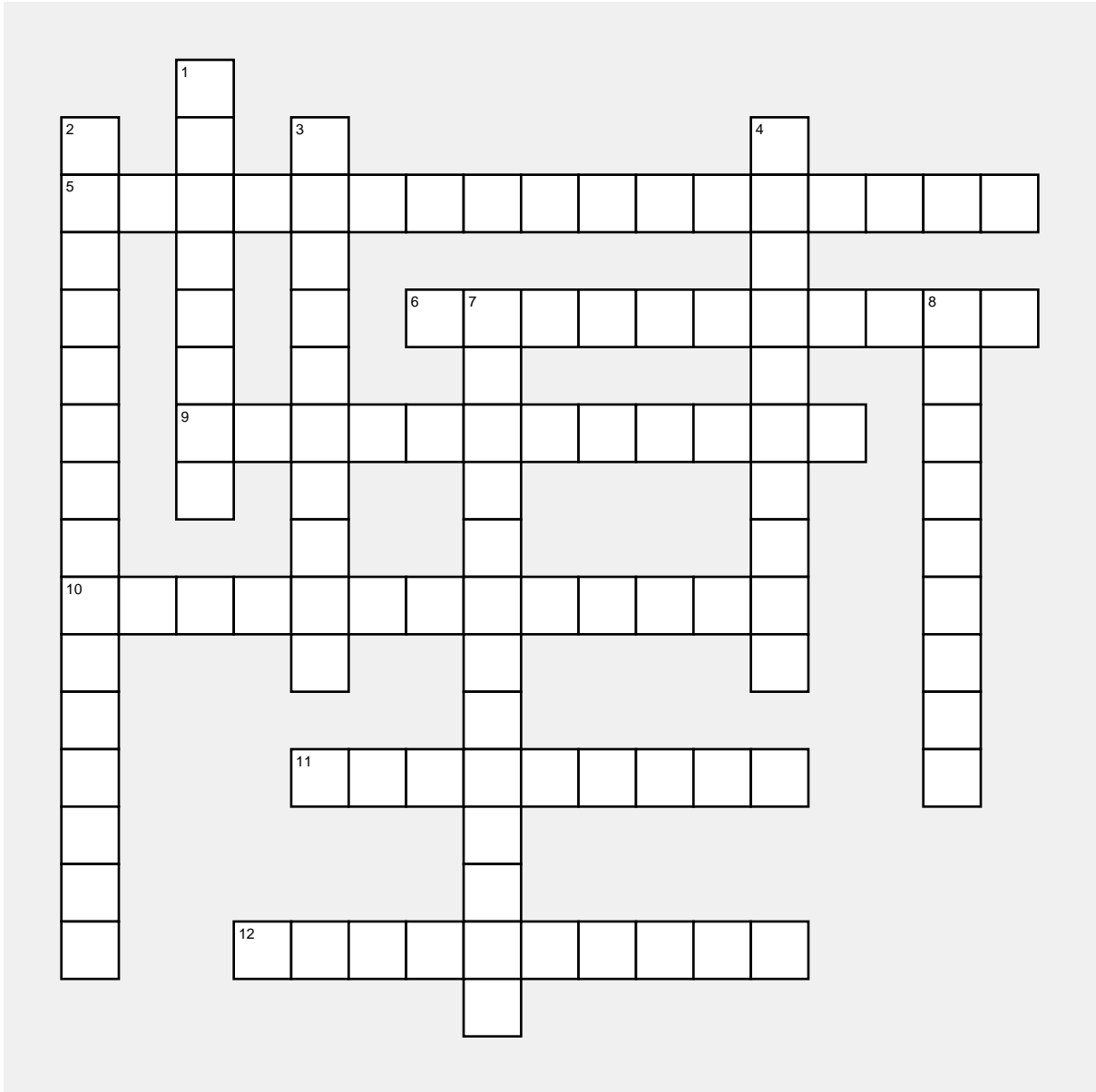


# Senderos 3: Lección 3



## Horizontal

- 5) TO LEAD A HEALTHY LIFESTYLE
- 6) WELL-BEING
- 9) COUCH POTATO
- 10) TO LIFT WEIGHTS
- 11) CAFFEINE
- 12) AFTERNOON SNACK

## Vertical

- 1) FLEXIBLE
- 2) TO REDUCE STRESS
- 3) PROTEIN
- 4) TO WARM UP
- 7) TRAINER
- 8) TO LOSE WEIGHT

# SOLUTION

