## Realidades 3 (Chapter 3)



YOGA
EMPTY
HEALTHY
TO RELAX
TO AVOID
THE SYRUP
THE CRAMP
TO DEMAND
THE HEIGHT
TO STRETCH
THE ASPIRIN
THE CALCIUM
THE VITAMIN
TO TAKE/TO DRINK
DESPITE/EVEN THOUGH

WEAK
STRONG
THE AGE
THE DIET
TO SNEEZE
THE FEVER
THE SNACK
THE WEIGHT
THE ADVICE
TO INCLUDE
TO COMPLAIN
the Allergy
STRESSED OUT
TO FLEX/TO STRETCH
TO ENDURE/TO TOLERATE

FULL
THE FLU
THE WAY
THE IRON
THE COUGH
THE LEVEL
THE FIBER
THE STRESS
THE ENERGY
TO BREATHE
THE PROTEIN
APPROPRIATE
THE STRENGTH
TO USE A TREADMILL

## Solution

$$
\begin{aligned}
& \text { Z R X V T E B A RAJO DASERTSE } \\
& \text { J EHGIOCONSE JO A MANERA } \\
& \text { ASNRETMJHPCEXLAJKVKD } \\
& \text { D P I B A S A A Q I I V X P L RLI DE } \\
& \text { T I R G P R R M R R I I DADEBZR S } \\
& \text { K RUOSSEIA I I S TA BU JN I I R } \\
& \text { B ARRPASTJNZATQVSGOFA } \\
& \text { Q R C U A I L É SAARANBISOA J } \\
& \text { DÉBILNAERELUIBXXXKF } \\
& \text { O FAMAEODRTAECEKCNXUU } \\
& \text { AEGENISIOGSFROAOVGEQ } \\
& \text { ÍLUR Í NSTXFIE EVHIERRO } \\
& \text { G B A I ECLZAEPACCVENGTA } \\
& \text { RANETLPGZTLEATRARBEG } \\
& \text { E DTNOUNKTVUFHBDIBNK S } \\
& \text { NUA D R I Z V WO A RE H PAC TO O } \\
& \text { ELRAPRGTITSSIAEVHGLV S } \\
& \text { JALXAGOYSNFJXCALCIOE } \\
& \text { N S D I ETAB PRADUNROTSEP } \\
& \text { MLCALAMBREDAZREUFSSXX }
\end{aligned}
$$

