

Aventuras (Lesson 15)

F S A L I V I A R E L E S T R É S E Q C
 C E C A L O R Í A S P R O T E Í N A N G
 R D E Z W Q O O S P N M T Y C E X E B E
 J E N I T T V I E E X Ó V L X F L M S S
 N N M M E I I S U C P X I C I B B T O A
 R T A H T N T A F T C N E C I U A M C N
 A A R F A A C N E A C S I X I R G M E I
 M R C Q D T A M T C O B E S A R E S G M
 U I H F Í N D I O U Q L J D A E T S M A
 F O A E U E E G M L F G I C N Á O U D T
 U J P N C I L O Ó A D E I C S L C D N I
 A G U T J L G D C R T A A L U A S I H V
 P R E R M A A R V A S N I C Z Q U S D R
 U A S E E C Z O U P T S S X W W D F R O
 R S M N R E A G O Ó T Ú O U G H A R O T
 A A L A I S R R C O M Q I B X Q R U G I
 R K I R E T T O T C I D A E L E T T A N
 S R B S N O I C I C R E J E R E C A H O
 E Y É E D T B U A L I U Q N A R T R X M
 I F D O A O M E R E N D A R V C F M J P

WEAK
 CALORIE
 TO SWEAT
 FLEXIBLE
 FAT (NOUN)
 I LOVED IT!
 THEY WARM UP
 FAT (ADJECTIVE)
 TO BE ON A DIET
 CALM, QUIET (F.)
 TO PRACTICE, TO TRAIN
 HE SNACKS. (IN THE AFTERNOON)
 HOW WAS IT? HOW DID IT GO?
 (FOR YOU)

MUSCLE
 THE GYM
 TO SMOKE
 TO ENJOY
 SPECTACULAR
 DRUG (NOUN)
 TRAINER (M.)
 TO LOSE WEIGHT
 COUCH POTATO (M.)
 TO HURRY, TO RUSH
 THANKS FOR EVERYTHING.
 TAKE CARE! (SINGULAR, FAMILIAR)

WITHOUT
 PROTEIN
 VITAMINS
 NUTRITION
 TO EXERCISE
 ACTIVE (M.)
 SEDENTARY (M.)
 ARE YOU READY?
 TO RELIEVE STRESS
 IN EXCESS, TOO MUCH
 LET'S GET GOING, THEN!
 TO HAVE A SNACK (IN THE
 AFTERNOON)

Solution

F S A L I V I A R E L E S T R É S E Q C
C E C A L O R Í A S P R O T E Í N A N G
R D E Z W Q O O S P N M T Y C E X É B É
J E N I T T V I E E X Ó V L X F L M S S
N N M M E I I S U C P X I C I B B T O A
R T A H T N T A F T C N E C I U A M C N
A A R F A A C N E A C S I X I R G M É I
M R C Q D T A M T C O B E S A R E S G M
U I H F Í N D I O U Q L J D A E T S M A
F O A E U E E G M L F G I C N Á O U D T
U J P N C I L O Ó A D E I C S L C D N I
A G U T J L G D C R T A A L U A S I H V
P R E R M A A R V A S N I C Z Q U S D R
U A S E E C Z O U P T S S X W W D F R O
R S M N R E A G O Ó T Ú O U G H A R O T
A A L A I S R R C O M Q I B X Q R U G I
R K I R E T T O T C I D A E L E T T A N
S R B S N O I C I C R E J E R E C A H O
E Y É E D T B U A L I U Q N A R T R X M
I F D O A O M E R E N D A R V C F M J P