

Giving Advice - Healthy Habits

T U E H G G P T Q Y P T K H T A T P R T
Ú C A O N N N Ú S L I Ú X I K D Ú I T Ú
N T J B N C G N H B N N C N T T D X Ú D
O Ú U J Z R L O X X H O V Ú Ú Ú E R D E
D D M N X Z B D V F E D D O D N B E E B
E E T Q B J X E J N G E U P E O E R B E
B B T H C R I B S Z B B V L B D S R E S
E E U R H R W E M E J E O I E E C O S L
S S W W K C Q S S C I S V D S B O C B E
C C O I F S W C D W S C G K B E M S E V
O O Z B G U A O T F U O U J E S E E B A
M M T L E M Q M D P Q M N N B B R B E N
E E C Y I H H E V F Z E Z W E E E E R T
R R N N L R R R L O F R O Z R B N D L A
Q F A M P O I C K J N P H T A E S Ú E R
U R D Q Y N C A Y B F I D G G R A T C P
E U F I W E E R N M X Z R O U C L A H E
S T L J E A A N N X E Z Q I A A A V E S
O A L F O D B E D A T A U T G F D D B A
I S A I U V O N B V B I E E T É A B R S

YOU SHOULD RUN.

YOU SHOULD DRINK MILK.

YOU SHOULD EAT FRUIT(S).

YOU SHOULD NOT EAT CHEESE.

YOU SHOULD WALK.

YOU SHOULD DRINK WATER.

YOU SHOULD LIFT WEIGHTS.

YOU SHOULD NOT DRINK COFFEE.

YOU SHOULD EAT SALAD.

YOU SHOULD NOT EAT MEAT.

YOU SHOULD NOT EAT PIZZA.

Solution

T	U	E	H	G	G	P	T	Q	Y	P	T	K	H	T	A	T	P	R	T
Ú	C	A	O	N	N	N	Ú	S	L	I	Ú	X	I	K	D	Ú	I	T	Ú
N	T	J	B	N	C	G	N	H	B	N	N	C	N	T	T	D	X	Ú	D
O	Ú	U	J	Z	R	L	O	X	X	H	O	V	Ú	Ú	Ú	E	R	D	E
D	D	M	N	X	Z	B	D	V	F	E	D	D	O	D	N	B	E	E	B
E	E	T	Q	B	J	X	E	J	N	G	E	U	P	E	O	E	R	B	E
B	B	T	H	C	R	I	B	S	Z	B	B	V	L	B	D	S	R	E	S
E	E	U	R	H	R	W	E	M	E	J	E	O	I	E	E	C	O	S	L
S	S	W	W	K	C	Q	S	S	C	I	S	V	D	S	B	O	C	B	E
C	C	O	I	F	S	W	C	D	W	S	C	G	K	B	E	M	S	E	V
O	O	Z	B	G	U	A	O	T	F	U	O	U	J	E	S	E	E	B	A
M	M	T	L	E	M	Q	M	D	P	Q	M	N	N	B	B	R	B	E	N
E	E	C	Y	I	H	H	E	V	F	Z	E	Z	W	E	E	E	E	R	T
R	R	N	N	L	R	R	R	L	O	F	R	O	Z	R	B	N	D	L	A
Q	F	A	M	P	O	I	C	K	J	N	P	H	T	A	E	S	Ú	E	R
U	R	D	Q	Y	N	C	A	Y	B	F	I	D	G	G	R	A	T	C	P
E	U	F	I	W	E	E	R	N	M	X	Z	R	O	U	C	L	A	H	E
S	T	L	J	E	A	A	N	N	X	E	Z	Q	I	A	A	A	V	E	S
O	A	L	F	O	D	B	E	D	A	T	A	U	T	G	F	D	D	B	A
I	S	A	I	U	V	O	N	B	V	B	I	E	E	T	É	A	B	R	S