

# Allez-Viens 2 (Chap. 7-2): En pleine forme

C E N ' E S T P A S M O N T R U C T E H  
X T T Y C E N N O D N A B A ' J Q U J H  
R P U S F Y R F Z O B . R F G T R F C S  
E N N A G J P R S J S . B A I T E E H E  
I A ' I S N E D X V W . I I L W C R Q P  
O B A N B R T W J S A Z . R J T I A R M  
! Q S T U G A L O K N E . E E X C I F O  
N J Q N U P D I Y S K V . D C . R S V P  
O ! U U P D R D S Y U E À E R . E B S S  
I Z ' L Y T O I T O T D R S A . X I A E  
T E A X N Q C I P P N S E A Q S E E P D  
S L . R J F C F S F J U N B U I ' N X E  
E L . G K T A K Q . W O Î D E A L D U R  
U A . H S L ' J W Q . V A O ! R E E E I  
Q T S K M X D E F K E . R M I V D . P A  
S D ! E É D I E N N O B T I Z E E . E F  
A S Y O ! E G A R U O C N N I D R . N P  
P V D J E J H E F R D J E A W U I V E J  
O Q G W E Z N J J V Z M ' U G T A A J X  
U B A Y F G Q A W V W A S X D U F R Q J

OK  
COME ON!  
TO EXERCISE  
TO DO SIT-UPS  
I'M LOSING IT!  
YOU'VE GOT TO... (FORMAL)  
ALL YOU HAVE TO DO IS...  
(INFORMAL)

NO WAY!  
I GIVE UP  
YOU'RE RIGHT  
HANG IN THERE!  
IT'S NOT MY THING  
YOU'VE GOT TO,,, (INFORMAL)

I CAN'T  
GOOD IDEA!  
TO TRAIN FOR  
TO DO PUSH-UPS  
YOU SHOULD... (INFORMAL)  
YOU WOULD DO WELL TO...  
(INFORMAL)

# Solution

C E N ' E S T P A S M O N T R U C T E H  
X T Y C E N N O D N A B A ' J Q U J H  
R P U S F Y R F Z O B . R F G T R F C S  
E N N A G J P R S J S . B A I T E E H E  
I A ' I S N E D X V W . I I L W C R Q P  
O B A N B R T W J S A Z . R J T I A R M  
! Q S T U G A L O K N E . E E X C I F O  
N J Q N U P D I Y S K V . D C . R S V P  
O ! U U P D R D S Y U E À E R . E B S S  
I Z ' L Y T O I T O T D R S A . X I A E  
T E A X N Q C I P P N S E A Q S E E P D  
S L . R J F C F S F J U N B U I ' N X E  
E L . G K T A K Q . W O Ì D E A L D U R  
U A . H S L ' J W Q . V A O ! R E E E I  
Q T S K M X D E F K E . R M I V D . P A  
S D ! E É D I E N N O B T I Z E E . E F  
A S Y O ! E G A R U O C N N I D R . N P  
P V D J E J H E F R D J E A W U I V E J  
O Q G W E Z N J J V Z M ' U G T A A J X  
U B A Y F G Q A W V W A S X D U F R Q J