

# Allez-Viens 2 (Chap. 7-2): En pleine forme

A D M R O O S X T Q T U D O I S I Q U O  
 W C H Z X E J S A P X U E P E N E J I Z  
 J B O R T G S E F T N N Z E V S E B J Q  
 E P F U L W A C A X U O M Y C ' D N T P  
 N R Z E R Y V L I D M D S Q C E N Y R W  
 ' N A N G A L F R F F U E I L N E B O S  
 E O B N T E G R E A F X D V A T I T F A  
 N I O O Z M Q E D ' O W ' V R R B C F P  
 P T N D D D W H E U R S A O I A S S E E  
 E S N N S B H I S Q G I C U B Î I A N N  
 U E E A J K V V P S A I C S P N A S U U  
 X U I B M X O L O A Z G O D G E R W E T  
 P Q D A S I I R M ' T R R E H R E E R I  
 L S É ' Z J F V P N Y R D V X À F S O O  
 U A E J Z P X M E U Y K S E W H U K C U  
 S P Y J W N B Z S T D X I Z G X T X N Q  
 D H W O E S E U Q S E R P S E Y U T E R  
 L M H E R È F É R P E J N O N B U D Z U  
 E V A V D B A J E C R A Q U E L D H P O  
 D L N O N J E N ' A I P A S E N V I E P

OK  
 COME ON!  
 YOU'RE RIGHT  
 I'M LOSING IT!  
 NO, I PREFER...  
 I JUST CAN'T DO ANY MORE!  
 WHY DON'T YOU...? (INFORMAL)  
 ALL YOU HAVE TO DO IS...  
 (INFORMAL)

NO WAY!  
 I GIVE UP  
 TO TRAIN FOR  
 HANG IN THERE!  
 YOU SHOULD... (INFORMAL)  
 YOU'VE GOT TO... (FORMAL)  
 YOU'RE ALMOST THERE!  
 (INFORMAL)

I CAN'T  
 GOOD IDEA!  
 ONE MORE TRY!  
 TO DO PUSH-UPS  
 NO, I DON'T FEEL LIKE IT  
 YOU'VE GOT TO,,, (INFORMAL)  
 YOU WOULD DO WELL TO...  
 (INFORMAL)

# Solution

A D M R O O S X T Q T U D O I S I Q U O  
W C H Z X E J S A P X U E P E N E J I Z  
J B O R T G S E F T N N Z E V S E B J Q  
E P F U L W A C A X U O M Y C ' D N T P  
N R Z E R Y V L I D M D S Q C E N Y R W  
' N A N G A L F R F F U E I L N E B O S  
E O B N T E G R E A F X D V A T I T F A  
N I O O Z M Q E D ' O W ' V R R B C F P  
P T N D D D W H E U R S A O I A S S E E  
E S N N S B H I S Q G I C U B I I A N N  
U E E A J K V V P S A I C S P N A S U U  
X U I B M X O L O A Z G O D G E R W E T  
P Q D A S I I R M ' T R R E H R E E R I  
L S É ' Z J F V P N Y R D V X À F S O O  
U A E J Z P X M E U Y K S E W H U K C U  
S P Y J W N B Z S T D X I Z G X T X N Q  
D H W O E S E U Q S E R P S E Y U T E R  
L M H E R È F È R P E J N O N B U D Z U  
E V A V D B A J E C R A Q U E L D H P O  
D L N O N J E N ' A I P A S E N V I E P