Allez-Viens 2 (Chap. 7-3): En pleine forme

D L Z I R U D R E G N A M T I O D N O J
R R W W T I O D E L L E F S J W A C B N
C J V E Z N O U S D E V O N S N H ' H E
D Z V W W R V V T Q D A O U X O W E N S
L P Y J M J P W I J J J X L K I X S L A
B S P U S Y D N O V E D J U B O P T X U
P B B N E I B U D A R E F E T A Ç M R T
. Y J I K Y D E L Z S X P S H I Z I V E
. Z T B H Y P H I M D I B K C H L E S P
. K V J K O P V C O R Z O I F R U U U A
E Z E N S T F L E F U F Q D C L U X R S
D X Z C V O U S D E V E Z J U A S Q T .
E J E D O I S H K C A L L T V T R U P .
T O I O T R U O P N O B T S E ' C E M .
I R I R R U O N E S N E I B T I O D N O
V Z M B P E D E V O I R B D B L V E P B
É G Y I X T L A V Q O J K R N V A . U H
R A P T U N E D E V R A I S P A S . . .
Y N A Q S I L S D O I V E N T H T . S O
F B F T I U F E L L E S D O I V E N T X

I MUST
AVOID...
DON'T SKIP...
THEY (MASC) MUST
IT'LL DO YOU GOOD
EVERYONE SHOULD EAT WELL

WE MUST
SHE MUST
THEY (FEM) MUST
YOU SHOULDN'T...
YOU MUST (INFORMAL)
EVERYONE SHOULD EAT RICE

HE MUST
YOU ALL MUST
TO HAVE TO, MUST
IT'S GOOD FOR YOU
IT'S BETTER THAN...

Solution


D L Z I R U D R E G N A M T I O D N O J
R R W W T I O D E L L E F S J W A C B N
C J V E Z N O U S D E V O N S N H ' H E
D Z V W W R V V T Q D A O U X O W E N S
L P Y J M J P W I J J J X L K I X S L A
B S P U S Y D N O V E D J U B O P T X U
P B B N E I B U D A R E F E T A Ç M R T
. Y J I K Y D E L Z S X P S H I Z I V E
. Z T B H Y P H I M D I B K C H L E S P
. K V J K O P V C O R Z O I F R U U U A
E Z E N S T F L E F U F Q D C L U X R S
D X Z C V O U S D E V E Z J U A S Q T .
E J E D O I S H K C A L L T V T R U P .
T O I O T R U O P N O B T S E ' C E M .
I R I R R U O N E S N E I B T I O D N O
V Z M B P E D E V O I R B D B L V E P B
É G Y I X T L A V Q O J K R N V A . U H
R A P T U N E D E V R A I S P A S . . .
Y N A Q S I L S D O I V E N T H T . S O
F B F T I U F E L L E S D O I V E N T X