

El bienestar

S H E D X C O D E L B I X E L F T G T F
L D Y U L U L E V A N T A R P E S A S U
A Q E W A I D R M S R A T N E L A C L L
G D T M E D O O Q P A P R R N N O W O V
R G R E N A I D N E T N K A E T U R Q V
A A E W T R S A A S U I W T F D E T R T
S N U E R S A N H A R Z E I G T T B A A
A Í F A E E N E C S F T X D S P A S T M
O E D B N Q M R Q P S K P E P D O X S A
L F G R A R I T S E I X L M E H L L E T
U A E A D Y G N O V D O S S W H I A N E
C C Y N O V L E L V C Y C Y D A U C E I
S A R Í R H E L B L I A X O É C Q A I D
Ú L A E A O L E E I F T C W B E N L B A
M P D T O N A S R E M O C D I R A O L R
L R U O S E X D I F X D S A L Y R R E A
E R S R S G W N Y I H J X Z V O T Í Z T
M X S P E E A R N U Z U M E M G F A F S
R F I A N D L A T N E M D U L A S A L E
L T U L O M C W O I R A T N E D E S J W

FAT
ACTIVE
THE GYM
FLEXIBLE
TO WARM UP
THE WEIGHTS
DECAFFEINATED
THE WELL-BEING
TO LIFT WEIGHTS
THE FEMALE TRAINER

WEAK
PROTEIN
TO ENJOY
TO SWEAT
THE MUSCLE
TO MEDITATE
MENTAL HEALTH
TO EAT HEALTHY
THE MALE TRAINER
TO TAKE CARE OF ONESELF

STRONG
CALORIE
CAFFEINE
TO STRETCH
TO DO YOGA
CHOLESTEROL
CALM/TRANQUIL
TO BE ON A DIET
INACTIVE/SEDENTARY

Solution

S	H	E	D	X	C	O	D	E	L	B	I	X	E	L	F	T	G	T	F
L	D	Y	U	L	U	L	E	V	A	N	T	A	R	P	E	S	A	S	U
A	Q	E	W	A	I	D	R	M	S	R	A	T	N	E	L	A	C	L	L
G	D	T	M	E	D	O	O	Q	P	A	P	R	R	N	N	O	W	O	V
R	G	R	E	N	A	I	D	N	E	T	N	K	A	E	T	U	R	Q	V
A	A	E	W	T	R	S	A	A	S	U	I	W	T	F	D	E	T	R	T
S	N	U	E	R	S	A	N	H	A	R	Z	E	I	G	T	T	B	A	A
A	I	F	A	E	E	N	E	C	S	F	T	X	D	S	P	A	S	T	M
O	E	D	B	N	Q	M	R	Q	P	S	K	P	E	P	D	O	X	S	A
L	F	G	R	A	R	I	T	S	E	I	X	L	M	E	H	L	L	E	T
U	A	E	A	D	Y	G	N	O	V	D	O	S	S	W	H	I	A	N	E
C	C	Y	N	O	V	L	E	L	V	C	Y	C	Y	D	A	U	C	E	I
S	A	R	I	R	H	E	L	B	L	I	A	X	O	E	C	Q	A	I	D
Ú	L	A	E	A	O	L	E	E	I	F	T	C	W	B	E	N	L	B	A
M	P	D	T	O	N	A	S	R	E	M	O	C	D	I	R	A	O	L	R
L	R	U	O	S	E	X	D	I	F	X	D	S	A	L	Y	R	R	E	A
E	R	S	R	S	G	W	N	Y	I	H	J	X	Z	V	O	T	I	Z	T
M	X	S	P	E	E	A	R	N	U	Z	U	M	E	M	G	F	A	F	S
R	F	I	A	N	D	L	A	T	N	E	M	D	U	L	A	S	A	L	E
L	T	U	L	O	M	C	W	O	I	R	A	T	N	E	D	E	S	J	W