

# Dairy & Grains

L P S O T S A P M I ' L A Y R F W J P H  
I P P W V R P O I G G A M R O F L I Q L  
V Y A O N O A L L I T R O T A L J A X E  
L Q Q N H R I I N U J E J Z L L C I C G  
A Z O R N L C I Z J R I P G I C L Z I A  
N I M G R A F W H D L O Q K I A E L D B  
E N D I X F P L X B T E L L E H P D Y L  
V L S K U F P A I A N A C R J A S K V I  
A O Q M K R M S L A F R E S N N A H Q A  
' L L U K O C E P A O C T E X A Q C B U  
D I I S O O G L R I I S D D R Z U H M F  
A Y N N T L I I S M A I L P A N C A K E  
N M O T I S N S A O M Q L I M B V I Q E  
I T O N Y A A E T A J O G H A U P L C S  
R L D D F N A L I H Y A K P Q B U B T K  
A R L U T N I S N O V H Q N Z W Y U G P  
F K E A H M T Z G Q G V K U A W E R Y S  
A Z S V T A K U J N S S D I O L Z R H Q  
L W H A X T R B R E K C A R C L I O S Q  
J E C O A T E X J G W I N T V C P W U W

RICE  
TOAST  
BAGEL  
BUTTER  
MUFFIN  
CRACKER  
CROISSANT  
BISCUIT, COOKIE

MILK  
CREAM  
DOUGH  
CEREAL  
CHEESE  
OATMEAL  
ICE CREAM

FLOUR  
BREAD  
PASTA  
YOGURT  
PANCAKE  
TORTILLA  
CORNBREAD

# Solution

L P S O T S A P M I ' L A Y R F W J P H  
I P P W V R P O I G G A M R O F L I Q L  
V Y A O N O A L L I T R O T A L J A X E  
L Q Q N H R I I N U J E J Z L L C I C G  
A Z O R N L C I Z J R I P G I C L Z I A  
N I M G R A F W H D L O Q K I A E L D B  
E N D I X F P L X B T E L L E H P D Y L  
V L S K U F P A I A N A C R J A S K V I  
A O Q M K R M S L A F R E S N N A H Q A  
' L L U K O C E P A O C T E X A Q C B U  
D I I S O O G L R I I S D D R Z U H M F  
A Y N N T L I I S M A I L P A N C A K E  
N M O T I S N S A O M Q L I M B V I Q E  
I T O N Y A A E T A J O G H A U P L C S  
R L D D F N A L I H Y A K P Q B U B T K  
A R L U T N I S N O V H Q N Z W Y U G P  
F K E A H M T Z G Q G V K U A W E R Y S  
A Z S V T A K U J N S S D I O L Z R H Q  
L W H A X T R B R E K C A R C L I O S Q  
J E C O A T E X J G W I N T V C P W U W